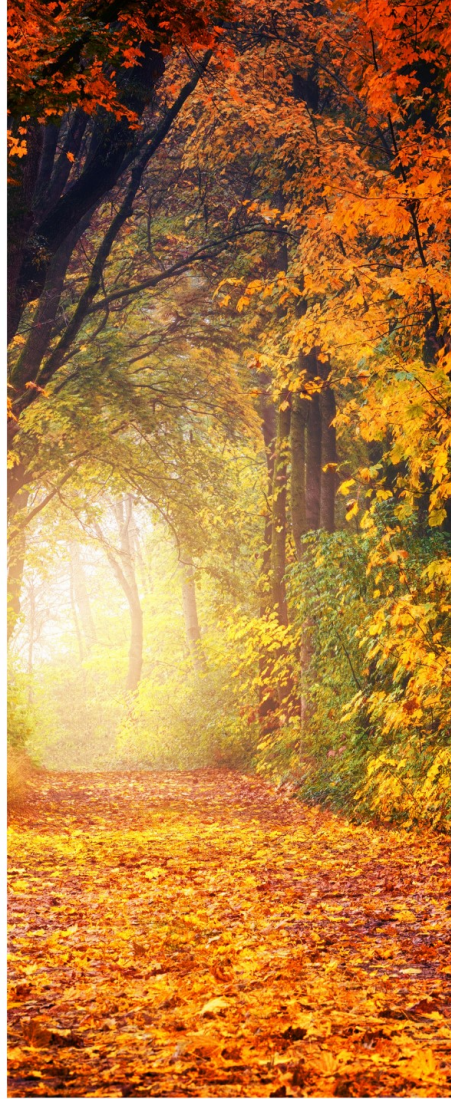


FALL 2024

SMALL GROUPS



get connected

NEW: Let Your Light Shine

Mondays, 7-8:30pm for 7 sessions

This small group will focus on the way various personality types experience, engage, and connect to God and others. We will use a variety of free, online assessments and general discussions to understand more deeply how each of us uses our personality and our gifts to connect and build relationships with God and others.

Monday Online Small Group

Mondays, 7-8pm via Zoom starting Sept 23rd for six weeks

This group will focus on the book *The Call: The Life and Message of the Apostle Paul* by Adam Hamilton. We will explore Paul's journey as he was called to follow Jesus, to go, to suffer, to love, to give, and to be faithful--and how this can guide our own spiritual journey.

Pub Theology

Every other Monday, 8-9:15pm, Ashburn home or via Zoom starting Sept 16th

Pub Theology is a group of men who are open, honest and supportive of one another. They pick different books/topics and then come together over beer/wine/water/snacks/etc. to discuss in a casual conversation. The group will be reading *Book Context* by Josh Scott.

Tuesday Morning Men's Group

Tuesdays, 6:45-7:45am via Zoom

This group of men meets at the beginning of the day. Using prayers and praises, they offer mutual support in an honest and safe environment. They journey together as they follow in the way of Jesus.

Women's Bible Study

Tuesdays, 9:30-11am at Crossroads starting Oct 1st

The group will be studying *What Matters Most* by Karen Ehman. Join us to study Paul's Letter to the Philippians to deepen your relationship with Jesus. You can discover contentment and joy in the midst of trials and hardships by prioritizing what matters most - Christ.

Visit our website at: crossroadsnova.org/small-groups



join a small group

Mid-Day Mom's Bible Zoom

Tuesdays, 12:45-2:00pm via Zoom

The group is studying *Knowing Who We Are, The Wesleyan Way of Grace: What We Believe, What We Do and Why* by Professor Lacey C. Warner.

Tuesday Evening Small Group– Disciple Fast Track

Tuesdays, 7-8:30pm at Crossroads or via Zoom

This small group meeting includes sharing praises, prayers with a study that includes an ongoing series of books for discussion. This multi-generational small group provides an environment for contemplation of our everyday walk with Jesus.

NEW: Wellness: Managing Our Anxiety

Tuesdays, 6-7pm at Crossroads

Join us for tips and relaxation activities to help manage anxiety. Meets September 17- October 8.

Thursday Women's Bible Study

Thursdays, 7-8:30pm, Ashburn home

The group will be studying *Believing Jesus: A Journey Through the Book of Acts* by Lisa Harper.

Mom's Connect

1st and 3rd Fridays, 12-2pm at Crossroads

A moms group to connect, learn, and support each other. This group meets at Crossroads and generally share a meal.

NEW: Crossroads Moms/Dads/New Friends

This is a group of friends who connected through a Facebook group and have been building a supportive community ever since! We've already shared laughs, served our community, and enjoyed some much-needed adult time. We're planning book clubs, happy hours, and kid-free outings, plus we're excited about potential outdoor adventures for the whole family.

Texting Book Club

This small group is focused on connection, relationships and how we use language in our daily lives. Join us as we read *Atlas of the Heart* by Brene Brown.

Visit our website at: crossroadsnova.org/small-groups



meet new people

Health & Wellness Events

This Fall we will be offering hikes and a new opportunity to join a book club that would focus on mental health topics.

NEW Health & Wellness Book Club: *Present Over Perfect: Leaving Behind Frantic for a Simpler, More Soulful Way of Living* by Shauna Niequist. Shauna Niequist shares her journey of finding peace in a busy, achievement-driven culture. This book emphasizes the importance of slowing down and being present, which can be a valuable discussion point for mental health and well-being.

Young Adults

This is a group run by young adults aiming to connect with, learn with, and grow in their faith with other young adults. They will go on excursions like escape rooms, laser tag, and paint your own pottery, and will work on service projects while providing time to talk about our lives and offer each other support.

NEW: Online Community Connection Small Group

Every Sunday our online community has the opportunity to have a time of connection, discussion and fellowship following the online worship service.

NEW: Spiritual Disciples (Lectio Divina) – Praying the Scriptures (more info coming soon– will begin in October)

Questions? Email smallgroups@crossroadsnova.org

Visit our website at: crossroadsnova.org/small-groups



Crossroads United Methodist Church
43454 Crossroads Drive, Ashburn, VA 20147
703.729.5100 | www.crossroadsnova.org